



Girl Scouts of the Calumet Council

PONY RIDER TRY-IT

Safety First

Read the attached list of stable rules and discuss them with your troop or group.

Where to Go Riding

Find out where you can ride in your area.

Compare what each place offers and how much they charge.

About Ponies

Find out how much, and what kinds of food ponies eat.

Ask someone at the stable how to tell the age of ponies.

Find out where and how ponies sleep.

How to Ride

Find out what type of clothing and shoes are best for riding.

Find out what type of riding is offered, Western or English.

Learn how to mount and dismount properly.

Lets Go Riding

Go riding, at least two different times with your troop or parents.

Join your troop or group on a hayride.

Horse Grooming

Learn how to saddle and bridle a pony.

Help groom a pony.

More to Try

Visit a County Fair and watch the horse show.

OR

Go to a rodeo.

STABLE RULES AND REGULATIONS

- 1.** Absolutely no yelling or screaming around the horses.
- 2.** One must slowly approach a horse from the front.
- 3.** If you must approach a horse from the rear then you must let him know of your presence before touching him.
- 4.** When leading a horse, one must walk on the left side of the horse.
- 5.** When you are leading a horse and you want to turn him you must push him away from you. Do not pull him toward yourself!
- 6.** When leading or riding a horse, do not wrap any extra rope or rein around your hand.
- 7.** When leading a horse, do not let the extra rope drag on the ground.
- 8.** Always mount your horse on his left hand side.
- 9.** While riding the horse, do not push your whole foot in the stirrup.
- 10.** Keep your heels down and your toes up.
- 11.** One must always listen to the trail guide or supervisor.
- 12.** One must always wear a safety helmet.
- 13.** Do not let your horse touch the horse in front of you.
- 14.** Absolutely no running or racing your horse.
- 15.** You must always check to make sure your saddle is tight before mounting.