



## Invent your own Ice Cream!

Make sure an adult is present during the experiment. Also, ask girls if they are allergic to any of the ingredients before you begin.

### Supplies Needed:

1 gallon size re-sealable plastic bag  
8 cups of ice  
1/3 cup rock salt  
1 quart re-sealable plastic bag  
1 cup whole milk or half and half (or a combination of the two)  
3 teaspoons of vanilla  
1 pint size container  
1 bowl or container for each add-in  
1 spoon for each add-in  
Food Coloring  
9 by 12 inch piece of construction paper  
Scissors  
Markers  
Clear Tape

### 1/2 cup of add-ins:

Candy  
Nuts  
Toffee  
Pretzels  
Peanuts  
Caramel  
Jam  
Graham crackers  
Cereal  
Cookies  
Marshmallows  
Chocolate chips  
Raisins  
Cranberries  
Granola  
Girl Scout Cookies®

### Instructions:

Fill the gallon plastic bag with ice and add the rock salt.  
Fill the quart size plastic bag with milk or half-and-half, sugar, and vanilla. Seal the bag.  
Put the quart size bag inside the gallon bag and seal well.  
Shake until the mixture turns into ice cream (about 5 minutes)  
Put your ice cream into a pint size container and add in your favorite ingredients. Be creative!

Come up with a name for your creation.  
Make a label with the construction paper and markers.  
Store in the freezer until you are ready to eat it.

Makes approximately 2 cups

